Why faithfulness—not perfection—must be the goal in raising our children.

According to Leslie Leyland Fields in “The Myth of the Perfect Parent,” Bible-believing parents have imbibed the philosophy of John B. Watson, an early 20th-century psychologist who boasted he could train any child. Christians often follow the same kind of behaviorism, giving it a Christian veneer with selected Bible verses.

And yet many children in evangelical homes are not “turning out” the way we hope or expect. Plus, many biblical saints were either products of bad parenting or bad parents themselves. And if we judge God’s success as a parent by how his children turn out, then he doesn’t pass our test either. Our expectations of parenting are clearly off-kilter and need to be rethought.

Scripture: Deuteronomy 6:1–9; Ezekiel 2:3–5; 3:8–15; Ephesians 6:1–4; Hebrews 11

Part 1 IDENTIFY THE CURRENT ISSUE

Note to leader: Provide each person with the “The Myth of the Perfect Parent” from Christianity Today, included at the end of this study.

American society is saturated with the belief in the self-made man or woman. We see figures such as Donald Trump, Oprah Winfrey, and Warren Buffett and revere their initiative, talent, and perseverance. Seeking to emulate their success, we also attempt to climb the performance ladder. While there is nothing wrong with doing our best and providing for our families, it is easy to lose our grip and plunge into a performance rut. We see ourselves as valuable only in comparison to others.

Sometimes this becomes even more pernicious when parents compare how their children and the kids of their friends and neighbors “turn out.” Critiquing this mindset, Leyland Fields writes, “Some parents are winners and some are losers. Many friends immediately come to mind: God-loving couples with a child in jail, with an agnostic child, with a prodigal daughter, with children who are lukewarm in their faith, with children who have not yet proclaimed faith. By these measures, they are all losers.” Can we truly measure parental success by how kids “turn out”?

Discussion Starters:

[Q] In what ways do you compare your success at work or in the home with others?

[Q] Which aspects of this kind of comparison are healthy, and which aren’t?

[Q] If American society is so individualistic, why do you think we get sucked into the maw of our need to conform and achieve?

[Q] What’s the worst example of “overparenting” you have ever seen?

[Q] Does the cultural analysis in the article by Leyland Fields give you any insight into why we might over-parent?

Part 2 DISCOVER THE ETERNAL PRINCIPLES

Teaching Point One: A faithful life is no guarantee of good parenting.

We often assume that really godly saints will be good parents. Further, we think that godly Christians—those who go on in the faith and who are pillars of the church—must be the products of good parenting. Hebrews 11 stands such presuppositions on their heads. Leyland Fields says that this chapter, with its great hall of faith, “provides us a list of men and women
who through extraordinary faithfulness ‘conquered kingdoms, administered justice, and gained what was promised; who shut the mouths of lions, quenched the fury of the flames’—believers of such immense faith that ‘the world was not worthy of them.” Then she adds the rest of the story: “Yet these spiritual giants were raised in anything but model homes, and many of them were themselves highly flawed parents.” Read Hebrews 11:1–16.

[Q] Explain what you think the definition of faith in verse 1 means—how is it lived out?

[Q] In verse 6, we learn two conditions for pleasing God. How do we make it our goal to please God without falling into the overparenting trap?

[Q] In Hebrews 11:35–38, we see some of the results of a life of faith. How might this section apply to parenting?

[Q] Break into pairs. Describe to your partner a time when you were clearly rewarded by God for your faith. Now, describe a time when trouble or opposition came because of that same faith. Discuss how you might relate that to parenting.

**Optional Activity:** Draw a line down the middle of a whiteboard or poster board. On the left side, write “Faithful Saint,” and on the right “Acts of Faith.” Read Hebrews 11:4–28, and ask the group to list all the people mentioned in these verses and their acts of faith. Then ask: What insights about faith have you gained from doing this exercise?

Do the same exercise for verses 29–34, except on the right column, write “Moral or Spiritual Failing.” Ask the group to remember any such failings mentioned in Scripture for the characters listed. Then ask: How does this exercise both discourage and encourage you in your own walk of faith?

**Teaching Point Two: Faithfulness does not guarantee success—or even happiness.**

When we compare our parenting successes—or, worse, our children—with those of others, we really have our eyes focused on ourselves. Comparative parenting is a dangerous kind of narcissism because it can sacrifice our children on the altar of our own self-worth. Compounding the damage, if we “succeed” according to our own definition of success, we become proud. If we “fail,” by not producing faithful children, then our faith suffers a devastating blow.

“The question we ask of ourselves must be reframed,” Leyland Fields states. “We need to quit asking, ‘Am I parenting successfully?’ And we most certainly need to quit asking, ‘Are others parenting successfully?’ Instead, we need to ask, ‘Am I parenting faithfully?’ Faithfulness, after all, is God’s highest requirement for us.”
Ezekiel was someone who was a faithful, though rarely “successful,” prophet. Read Ezekiel 2:3–5; 3:8–15.

[Q] What adjectives does God use to describe Ezekiel's audience (2:3–4)? How might parents have a similar audience?

[Q] What is the goal of Ezekiel’s ministry (2:5)? How can we apply that to being a mom or a dad?

[Q] How does God prepare Ezekiel for his ministry (3:8–9)? What parallels do you see with parenting?

[Q] What does God tell his prophet to do (3:10–11)? What verbs are used? What does this section say about the importance of words?

[Q] Seeing the Lord’s glory, Ezekiel is nonetheless overwhelmed with bitterness and anger (3:12–15). Why do you think he was angry? Was this emotion godly or ungodly? How does Ezekiel’s emotional state encourage you as a mother or father?

Teaching Point Three: We must faithfully teach our children to both love and obey God.

Many of today’s mothers and fathers are pursuing an impossible goal with a bad motive: perfect kids for their own self-aggrandizement. “More than any other generation, today’s parents are worried sick that they will mess up their children’s lives,” Leyland Fields writes. “A massive 2006 study revealed that parents post significantly higher rates of depression than adults without children. Judith Warner’s 2005 book, Perfect Madness: Motherhood in an Age of Anxiety, captured the national obsession with successful parenting and its overwrought attempts to secure happiness and success for one’s offspring—and, by extension, oneself as a parent.” Yet we cannot swing the pendulum all the way to the other extreme and say that what we do as parents doesn’t matter. So how do we find the balance between overparenting and being “slacker” parents? Read Deuteronomy 6:1–9.

[Q] Verse 1 speaks of God’s commands (not ours). How can we make this distinction in our parenting?

[Q] In verse 2, our children and grandchildren enter the picture. What are the two reasons given for why we and they are to obey God’s law? Is there a connection between these two motives?

[Q] How might we apply the expectation “that it might go well with you” (v. 3) today? Is this a promise for every believer for all time? Why or why not?
**Leader’s Note:** *We will discuss this further in the next teaching point.*

[Q] The foundation of the commands and our obedience is the nature of God and our love for him (vv. 4–5). What does this say about our efforts to “train up” our children?

**Leader’s Note:** *See what Jesus said about this in Matthew 22:34–40 and Mark 12:28–33.*

[Q] We are to honor and know God’s law in our hearts and in our homes (vv. 6–9). How might this kind of Word-centered intentionality both inform and correct what we are already doing?

**Teaching Point Four: Raising children requires faithful obedience from children and parents.**

Our idealized visions of what raising kids should be like often crumble like a biscuit hitting a brick wall of reality. “The Barna Group reported in 2006 that 61 percent of young adults who had attended church as teenagers were now spiritually disengaged, not participating in worship or spiritual disciplines,” Leyland Fields reports. “A year later, LifeWay Research released similar findings, that seven in ten Protestants ages 18–30 who had worshiped regularly in high school stopped attending church by age 23.” Clearly, adults are trying, but kids are not always cooperating.


[Q] The command to children is direct (v. 1): “obey your parents.” What are some of the excuses given today for children not obeying their moms and dads, and how do they stack up to this verse? What exceptions might there be?

[Q] In verses 2–3, children receive the promise of well-being and long life if they obey. How are we to understand this promise today? What examples have you seen of this kind of blessing in action?

[Q] How do you explain to your children why something bad sometimes happens even when they are “good kids”? How might God fulfill this promise to them?

[Q] In verse 4, the command shifts to fathers (and, by extension, mothers). What are they not to do? What are they to do? What does this verse imply about the presence of conflict in Christian homes? About teaching children about the Lord? Are any guarantees given?

[Q] What does this passage say about how children will “turn out”? Whose responsibility is it for children to do well?
Part 3  APPLY YOUR FINDINGS

Leyland Fields touches the anxiety most parents feel: “Our most consuming concern is that our children ‘turn out’—that is, that our Christian faith and values are successfully transmitted, and that our children grow up to be churchgoing, God-honoring adults.” That anxiety is stoked both by our failures (including the well-documented exodus of young people from the church) and the seeming successes of others. Aren’t we promised “success” if we play by the rules? Many Christian teachers say so.

Yet how steeped in biblical truth is this whole approach? When we read passages such as the “hall of faith” in Hebrews 11 or see how God’s own people have rebelled against his “parenting,” our paradigm needs to shift. Our desire might be to have happy, well-adjusted, godly children, but perhaps that can’t be our goal.

Our goal, instead, should be faithfulness in parenting, leaving the results to our sovereign God—trusting him to work both in our “successes” and our “failures.” This means that whether we see “good” kids or “bad,” we cannot necessarily conclude anything about the parenting. Sometimes good parents have difficult, disobedient children, and sometimes lax parenting “produces” straight-arrow kids.

Yet the uncertainty of the outcome does not excuse us from the solemnity of the task. We are to teach children to love and obey God (and us). We cannot make them do this, but this knowledge can help us ease up and relax, even as we train them to the best of our ability. As we loosen our grip, we may see a new love develop for our children—whether they “turn out” or not.

**Action Point:** Break into pairs. Share one parenting concern you have with your partner. Pray for each other about that concern.

RECOMMENDED RESOURCES

- Check out the following Bible studies at: ChristianBibleStudies.com

  - **Multi-session parenting Bible studies**: These ten Bible studies cover all sorts of aspects of parenting.

  - **Single-session parenting Bible studies**: Find Bible studies on every parenting topic in this section of the store.


- **Parenting Is Your Highest Calling: And Eight Other Myths That Trap Us in Worry and Guilt**, by Leslie Leyland Fields (WaterBrook, 2008). Moves the focus from imperfect human efforts to God’s holy purposes.


THE MYTH OF THE PERFECT PARENT
Y FAMILY AND I were traveling in Guatemala a few years ago. We visited a man who had given his life to serving a poor congregation. We sat at the kitchen table with him, a man who had been bent into humility by the burdens of pastoring in a struggling nation while raising four children. Still in the muddy trenches of parenthood with our five sons and one daughter, we confessed to him our feelings of inadequacy.

“Your children are grown. What have you learned looking back on your years of child-raising? Do you have any advice for us?” We looked at him, needy, expectant.

He would have none of it. “I’m not one to talk to. I don’t exactly have a perfect record.” One of his children was immersed in an addiction, he told us, visibly sad. Another had a failed marriage.

He was silent for a moment, nodding slowly, and then continued. “I never lived up to my mother’s expectations either. I’ve been reading her journal lately, and I see how she prayed for me, what she prayed. And I’ve never lived up to what she hoped for me,” he said, his voice a near-whisper. “I think she considered me a failure.”

In my mother-mind, I supplied the last words: “And considered herself a failure as a parent.” This conversation shook me profoundly, touching one of my deepest concerns.

PREVAILING PARENTAL PANIC

I’m hardly alone in my fixation. More than any other generation, today’s parents are worried sick that they will mess up their children’s lives. A massive 2006 study revealed that parents post significantly higher rates of depression than adults without children. Judith Warner’s 2005 book, Perfect Madness: Motherhood in an Age of Anxiety, captured the national obsession with successful parenting and its overwrought attempts to secure happiness and success for one’s offspring—and, by extension, oneself as a parent. Joan Acocella’s November 2008 New Yorker article, “The Child Trap,” disdainfully chronicled the anxiety and success-driven extremes of what she named “overparenting.”

There is so much fretting that even the backlash has spawned a notable movement and subgenre of its own, the slacker mom, visible in such books as Confessions of a Slacker Mom, The Three-Martini Playdate: A Practical Guide to Happy Parenting, and Bad Mother: A Chronicle of Maternal Crimes, Minor Calamities, and Occasional Moments of Grace. In these and other popular books, women compete to claim the most artful and witty negligence of their mothering responsibilities.

I find most Christian parents at the front of the line—the anxiety and success line, not the...
slacker line. With my own offspring ranging from first grade through college, I take
turns stepping into both, perfecting my own blend of angst and aplomb, depending on
the issue. This one question, however, sends me
elbowing to the front of the anxiety queue, where I find most of my friends and fellow believers. Our most consuming concern is
that our children “turn out”—that is, that our
Christian faith and values are successfully transmitted, and that our children grow up
to be churchgoing, God-honoring adults.

It appears that many of us are not succeeding.

The exodus of young adults from evangelical churches in the U.S. is well reported, perhaps over-reported and hyper-hyped. The Barna Group reported in 2006 that 61 percent of young adults who had attended church as teenagers were now spiritually disengaged, not participating in worship or spiritual disciplines. A year later, LifeWay Research
released similar findings, that seven in ten
Protestants ages 18–30 who had worshiped regularly in high school stopped attending church by age 23. Regardless of which studies are the most accurate, there is little doubt that
many youth who were raised in the church do not necessarily stick around.

If this isn’t enough to induce parental panic, another unsettling report came our
way in a summer 2008 Newsweek article, “But I Did Everything Right!” Sharon Begley
reported that, contrary to the opinions of decades of experts, genetics may be a more
potent influence upon child development than our own parenting practices. Begley
summarized findings from studies at the Center for the Developing Child at Harvard University and Birbeck University in London. Jay Belsky of Birbeck found that the child most likely to
adopt his parents’ values is not the mellow, compliant child, as one would expect, but
the fussy, difficult child. The fussy child is genetically wired through the presence of DNA variants to be more sensitive and attuned to
her parents and surroundings. The mellow child is more like Teflon; good parenting, and
complete control over their environment, he could “guarantee to take any one at random
and train him to become any type of specialist I might select—doctor, lawyer, artist, merchant, chef, yes, even beggar and thief, regardless of his talents, penchants, tendencies, abilities, vocations, and race of his ancestors.”

Though few would subscribe to Watson’s extreme behaviorism, the notion of the infant
as an arriving tabula rasa on which we inscribe
his mind and “emotional patterns” may be firmly
established by the time he is 2, a “sobering
realization for mothers,” he intones.

Despite the impossible weight of this responsibility, it holds clear advantages: namely, it’s much easier to measure the
success of our parenting. We simply examine the evidence—how our children turn out.

One parenting writer warns, “If our parents’ approach seemed close to biblical parenting, yet bore bad fruit, we can be certain it was not biblical.” We can know this, he asserts, because God’s Word gives us exactly what we need to raise godly children, and if we correctly apply the principles, “parents will not be disappointed.”

An entire branch of Christian parenting takes this tack. “Observe and learn from winning parents,” one writer advises. Winning parents are those whose children are “obedient” and “respectful,” who “know God’s will,” who “live faithful Christian lives,” he writes. We should be imitating those parents “who are successful, not those who fail.”

One best-selling author takes a more numerical approach to parenting. He begins by identifying the goal of parenting as raising “spiritual champions.” To maximize readers’ ability to produce spiritual champions, the author, a statistician, creates a model based on surveys, statistical studies, and personal interviews. His research reveals that a small family is better than a large family at producing a spiritual champion, that the firstborn is the most likely to become a spiritual giant, and that single-parent homes are seldom successful in producing said champions.

At the end of this section, he admonishes us, before we have children, to “... count the
cost of raising them. The research suggests that the more children you have, the more difficult it will be to facilitate the spiritual health and depth of each child." (This of course is terrible news for me and others with multiple children, though it’s good for the author, who has two.) The book ends with these motivational words: “Between you and your spouse, have you covered the ground necessary to produce children whose lives honor God and advance his kingdom?”

Some parents are winners and some are losers. Many friends immediately come to mind: God-loving couples with a child in jail, with an agnostic child, with a prodigal daughter, with children who are lukewarm in their faith, with children who have not yet proclaimed faith. By these measures, they are all losers.

BAD PARENTS OF THE BIBLE
The Bible’s examples of spiritual champions move us in another direction entirely. The great hall of faith in Hebrews 11 provides us with a list of men and women who through extraordinary faithfulness “conquered kingdoms, administered justice, and gained what was promised; who shut the mouths of lions, quenched the fury of the flames”—believers of such immense faith that “the world was not worthy of them” (11:32–38).

Yet these spiritual giants were raised in anything but model homes, and many of them were themselves highly flawed parents. Abraham sired a child with a maidservant, then agreed to banish the son to the desert. Isaac and Rebekah were locked in parental favoritism over Esau and Jacob. Rebekah led her son to commit an unthinkable travesty: stealing his brother’s birthright. Jacob learned his lessons from his mother well and continued on the path of deceit and, later, of destructive favoritism among his ten sons. Moses was given the young, pagan, unmarried daughter of Pharaoh as his mother. Jephthah was the son of a prostitute, and killed his only daughter with a list of men and women who through extraordinary faithfulness “conquered kingdoms, administered justice, and gained what was promised; who shut the mouths of lions, quenched the fury of the flames”—believers of such immense faith that “the world was not worthy of them” (11:32–38).

The descent into rebellion began with his very first children, Adam and Eve, and continued through the days of Noah, ending in global destruction. Then a new family was birthed, the nation of Israel, whom God tenderly calls “my firstborn son” (Ex. 4:22). But that relationship, too, is torturous, marked with constant rebellion and the breaking of God’s father-heart. Our own record as his children is not much better.

If God’s success as a parent is to be judged by his children, what can we conclude? That God himself does not pass our parenting test?

WHO’S IN CONTROL?
We must assume, then, that there is serious error in our beliefs about parenting. We have made far too much of ourselves and far too little of God, reflecting our sinful bent to see ourselves as more essential and in control than we actually are. It’s also our heritage as good Americans, psychologist Harriet Lerner observed in her 1998 book, The Mother Dance: We believe that we can fix every problem, that we are masters over our fate. The root of much of our pain in parenting is “the belief that we have full command over our children,” when “we don’t even have full command over ourselves.”

The reflex to judge ourselves by our children, and to judge others by their children, has further implications: It reveals a faulty view of spiritual formation. We often expect that the children of believing parents, whether the children claim Christ yet or not, will show the same kind of spiritually mature attitudes and behavior we hope to see in each other: love, joy, peace, patience, kindness, and obedience, as a beginning list.

When we engage in spiritual determinism and a human view of spiritual formation, we can easily fall into judging others. Jeanine, a friend of mine for years, told me that her sixth-grade daughter, Julia, who was struggling with her identity and making friends, was labeled “demon-possessed” by another family in the church. “Some people—even in church—have already written her off. And she’s only 11 years old,” Jeanine told me. The judgment was not only on her daughter’s spiritual condition but also on her own.
When a child does make a decision to follow Christ, we often expect visible, even immediate transformation. The Bible demonstrates another reality. God schooled the Israelites for 40 years to walk them from paganism into faith in the one true God. The disciples lived in the presence of Jesus for three long years, their faith still pitifully small despite having constantly witnessed miracles and resurrections. And our redemption was fully accomplished when Christ uttered “It is finished” from the cross, but our transformation into his image continues as long as we have breath.

**EZEKIEL’S PARENTING MODEL**

The question we ask of ourselves must be reframed. We need to quit asking, “Am I parenting successfully?” And we most certainly need to quit asking, “Are others parenting successfully?” Instead, we need to ask, “Am I parenting faithfully?” Faithfulness, after all, is God’s highest requirement for us.

We see this clearly in the calling of the prophets, and particularly in the calling of Ezekiel. Though Ezekiel was (as far as we know) not a parent, his assignment to the people of Israel has remarkable parallels to parenthood and the question of success.

When God commissioned Ezekiel to be a prophet, he warned him that he was being sent to his own people, a nation set in revolt against God. Ezekiel’s job was to be a mouthpiece for God, to say, “This is what the Sovereign Lord says” (Ezek. 2:3–4). God gives full and dismaying disclosure before the task even begins: The people of Israel, Ezekiel’s own people, will not listen to him any more than they will listen to God himself. The job would be hard, then—harder than any more than they will listen to God himself. The job would be hard, then—harder than any more than they will listen to God himself.

Ezekiel’s response to all this was so encouragingly human, so like myself at times and like many parents I know. With the Spirit of the Lord upon him, he returned to his people on the banks of the river for seven days, “overwhelmed” and “in bitterness and in the anger of my spirit” (3:14–15).

Then the prophetic work of speaking and enacting God’s words began.

How successful was Ezekiel? The destruction he foretold played out in every gruesome detail. From our vantage, Ezekiel’s mission looks like an utter failure. But God spoke a few words in this narrative that changed everything. As God commissioned Ezekiel to speak his words to Israel, three times he prefaced his commands with this phrase: “whether they listen or fail to listen” (2:5, 7; 3:11). One of those three times God completed the sentence: “Whether they listen or fail to listen . . . they will know that a prophet has been among them” (2:5).

This was Ezekiel’s responsibility: to speak and embody God’s words before the people in such a way that they might know who he was, a righteous prophet of God, and that they might know who God was. Ezekiel wanted more than this, of course. He desperately wanted to turn the people back to the living God and prevent the impending and appalling judgment and death. The record does not tell us if anyone repented as a result of his words, but Ezekiel was never accountable for the repentance of others. He was accountable only for his steadfast obedience.

**FAITH RATHER THAN FORMULA**

It is likely that we are asking the wrong questions as parents. We are so focused on ourselves—on our own need for success and the success of our children—that we have come to view parenting as a performance or a test. It appears we are failing the test, as large numbers of our youth leave the church when they leave our nests. And now genetic research tells us the test may even be rigged.

We cannot pass this test, I’m afraid, nor could we ever. If we are graded on a curve, we will always find parents and children who are more obedient, more joyful, and more peacefully than we are. We will find parents whose children turned out better than ours, parents with a higher percentage of “spiritual champions” than we can claim for our efforts.

If we are graded instead on an absolute scale—as I believe we are—we fail even more miserably. But this is why a Savior was provided, and gifted to us through grace, through faith—and this not from yourselves, it is the gift of God—not by works, so that no one can boast” (Eph. 2:8–9). If even our ability to believe in God is given to us by God, then how much of parenting can we perform on our own? We must proceed, then, on our knees first, beggars before the throne, if we are to parent well.

We must rethink our assumptions and our calling. We are responsible to teach our children the fear of the Lord, to impress his laws on them when we “sit at home and when [we] walk along the road, when [we] lie down and when [we] get up”—meaning all the time (Deut. 6:7). And we are commanded to not exasperate our children, but to “bring them up in the training and instruction of the Lord” (Eph. 6:4). But we must be clear about our own limits. We are not capable of producing perfect followers of Christ, as if we were perfect ourselves. Our work cannot purchase anyone else’s salvation or sanctification. Parents with unbelieving children, friends with children in jail, the discoveries of the geneticists, and the faith heroes in Hebrews 11 are all powerful reminders of this truth: We will parent imperfectly, our children will make their own choices, and God will mysteriously and wondrously use it all to advance his kingdom.

Begley concludes “But I Did Everything Right!” by saying, “It is time to acknowledge there is only so much influence parents can have.” Scripture has taught us this all along. We are not sovereign over our children—only God is. Children are not tomatoes to stake out or mules to train, nor are they numbers to plug into an equation. They are full human beings wondrously and fearfully made. Parenting, like all other tasks under the sun, is intended as an endeavor of love, risk, perseverance, and, above all, faith. It is faith rather than formula, grace rather than guarantees, steadfastness rather than success that bridges the gap between our own parenting efforts, and what, by God’s grace, our children grow up to become.

Leslie Leyland Fields is the author most recently of “Parenting Is Your Highest Calling” . . . And Eight Other Myths That Trap Us in Worry and Guilt (Waterbrook, 2008), from which this article is adapted. She lives with her husband and six children on Kodiak Island, Alaska.

Go to ChristianBibleStudies.com for “The Myth of the Perfect Parent,” a Bible study based on this article.